Sol Koroner Arter: Vaka Takdimi

Kemal Karaağaç, Alkame Akgümüş, Fahriye Vatansever, Erhan Tenekcioğlu, Mustafa Yılmaz
Bursa Yüksek İhtisas Eğitim ve Araştırma Hastanesi, Cardiology Clinic, Bursa, Turkey

Özet

Anahtar Kelimeler
Koroner Damar Anomalisi; Angına Pektoris; Koronar Arter Hastalığı

Abstract
The "single coronary artery" (SCA) arises from the aortic root by a single coronary ostium and in the absence of another ostium mostly has an asymptomatic course. Some types of this congenital anomaly may cause various clinical manifestations such as chest pain, sudden death. We present a 50-year-old woman whose coronary angiography for typical chest pain revealed an isolated SCA.

Keywords
Coronary Vessel Anomalies; Angina Pectoris; Coronary Artery Disease
Introduction
Coronary artery anomalies occur in 0.2 -1.2% of the general population [1]. Clinical significance of such findings has been speculated and a few variants implicated as a cause of sudden death, especially in young athletes. The left main coronary artery arising from the right sinus of valsalva is found in 0.03% [2].

Case Report
A 50-year-old female patient was admitted to our polyclinic with exertional chest pain. She stated that the pain radiating to the left arm for the last 2 to 4 months and was starting after walking about 150 meters and was recovering with resting for 10 to 15 minutes. The patient had several coronary risk factors including age, smoking and hypertension. He had used Amlodipin for the last nine months. The patient’s electrocardiogram was in sinus rhythm and rate was 75 beats/min; there were not any other features. There was no pathological finding detected in the patient’s transthoracic echocardiography. 170/100 mmHg of blood pressure was measured on physical examination. The effort stress test was terminated and evaluated as symptom (chest pain)-positive at the end of the second stage of test. The patient underwent coronary angiography revealing a SCA originating from the right sinus of Valsalva and we could not demonstrate the significant narrowing of all the coronary artery (figure 1,2). Beta-blocker and angiotensin converting inhibitor was added to her treatment. Our patient had typical chest pain, and the decision to administered surgery was made since there was no regression despite intensive medical treatment.

Discussion
Coronary artery anomalies are quite rare, and discovered incidentally during coronary angiography or autopsy. Very infrequent type is a type in which all coronary artery systems are originated from one location [1]. Lipton classified single coronary artery anomalies angiographically according to the origin whether being right or left coronary artery, the anatomical distributions on ventricular surface and the relationship with the ascending aorta and the pulmonary artery. According to classification, in single coronary anomalies arose from right sinus of valsalva (that gives anomaly the first letter R), left system may originate from its distal after the natural course of right coronary artey (R-1 type) or may arise from the proximal root as an another artery (left main coronary artery R-2 type) or may bifurcate from proximal root as two different arteries, left anterior descending and circumflex (R-3 type) [3]. Our case was found to be consistent with R-3 type. The single coronary artery anomaly is usually asymptomatic, but may present as myocardial ischemia, syncope, or sudden cardiac death depending on its course and the presence and severity of atherosclerosis. Increased tendency of atherosclerosis have also been reported in cases with SCA anomalies [4]. Myocardial ischemia or sudden cardiac death are usually associated with its course between the aorta and main pulmonary artery [5]. The treatment strategy for SCA is not clear. The course and associated coronary atherosclerosis should guide the therapy. Coronary artery bypass surgery may be beneficial in patients whose anomalous coronary artery courses between the aorta and main pulmonary artery or/and patients with atherosclerosis may benefit from revascularization strategies. Successful percutaneous coronary intervention has also been reported in some cases [6,7]. In conclusion, SCA anomaly is a rarely, which may cause chest pain without atherosclerosis., The treatment strategy of SCA is still controversial and there are no studies comparing surgical with medical treatment and long-term follow-up studies are needed.

Competing interests
The authors declare that they have no competing interests.

References
1. Yamakama O, Hobbes RE. Coronary anomalies in 126,595 patients undergoing

How to cite this article: