Stone-Eating with Schizophrenia Patients

Taş Yiyen Şizofreni Hastası

Fevzi Yılmaz, Görkem Alper Solakoğlu, Cemil Kavalcı
Ankara Numune Eğitim ve Araştırma Hastanesi, Acil Tıp Kliniği, Ankara, Türkiye

26 years old male patient applied to our emergency room with complaining of epigastric pain, nausea and vomiting. His mental capacity was reported low by psychiatrist and diagnosed as schizophrenia. His physical examination was in normal limits showing no signs of acute abdomen. His abdominal x-ray showed multiple nodular hyperdens opacities considered to be stones (Figure 1). He was consulted to surgery and discharged. Allophagia is a eating disorder which patients eat materials that are not considered as food like stone, soil wood etc. Allophagia may be of psychological origin but main causes of mineral and element deficiencies must be kept in mind.